Post-Operative Cataract Service

Overview

The Post-Operative Cataract Service enables patients to receive their post-operative assessment at a primary care optometry practice following cataract surgery, improving access, reducing hospital visits, and supporting national audit data.

Help & Support

For help and support, visit the OPERA help menu at https://help.optom-referrals.org.

To access the Cataract help pages, click here.

For further assistance, contact us at hello@referral.support or use the blue bubble on OPERA.

Service Information

Patient Eligibility

- Patients aged 19 or over.
- Registered with a GP in Staffordshire & Stoke-on-Trent ICS that commission POCS, and/or treated by a provider covered by a commissioned post-operative cataract service.
- Transferred for post-operative cataract assessment following uncomplicated surgery (unless under treatment for complications).

Source of Referral/Signposting to Service

- **Transfer by Surgical Provider:** Patients are transferred via the IT platform to their chosen accredited optical practice.
- **Inter-Practice Referral:** One practice transfers a patient to another accredited practice, only after confirming acceptance. This may occur due to patient preference or incorrect initial transfer.

Service Delivery

- Assessment of aided and unaided visual acuity and post-operative refraction.
- Assessment of intra-ocular pressures.
- Assessment of anterior and posterior eye.
- Dilation not mandated but should be carried out where clinically indicated.
- Record of patient's satisfaction with vision and surgical outcome.
- Assess patient eligibility for 2nd eye surgery if required.

Service Outcomes

- Discharge the patient and advise on the interval before next routine sight test.
- Refer patients back to the surgical with appropriate urgency and following local pathways.
- Refer for second eye surgery if eligible and requested.
- Refer for YAG capsulotomy or co-existing eye conditions if needed.

Accreditation

- WOPEC/LOCSU Cataract Distance Learning Modules.