NHS Humber and North Yorkshire – North Yorkshire & York Central place

Service Summary

Minor Eye Conditions Service (MECS)

Overview

MECS enables timely assessment and treatment of minor eye conditions in primary care optometry through accredited practices. This local service summary highlights any variations in access, delivery, pathways, and protocols specific to the area. It should be read alongside the Guide for Practices and Practitioners, which provides comprehensive details about the service, pathways, and delivery.

Help and Support

For help and support, visit the OPERA help menu at https://help.optom-referrals.org.

To access the MECS help pages, click here.

For further assistance, contact us at hello@referral.support or use the blue bubble on OPERA.

Service Information

Patient Eligibility

- Patients of ≥2 years of age registered with a GP in North Yorkshire or York Central place (previously Vale of York place)
- MECS is available to patients presenting with a recent onset eye problem such as:
  - Loss of vision, including transient loss
  - Flashes and floaters
  - Ocular pain and irritation
  - Eye infections that have not responded to treatment
  - Trichiasis (in growing eyelashes)

Source of Referral/Signposting to Service

- Self-presentation to a participating optical practice
- Intra- Practice Referral

Presentations via the routes below go via the PES Hub: 0300 303 4922

- Inter- Practice Referral
- Signposting from Health Care Professional
- Referrals from York choice office

Service Delivery

MECS consultations are needs-based and may include:

- Telemedicine/Virtual Consultation
- Face-to-Face Consultation
- Follow up appointments

Service Outcomes

- Follow up within the service, although this should be PIFU
- Referral to GP (general health)
- Routine referral to HES
- Urgent/Emergency referral to HES

Accreditation

- WOPEC/LOCSU MECS OSCE