

## **SUPPORT THROUGH SIGHT LOSS**

### **SPECIALIST COUNSELLING FOR VISUAL IMPAIRMENT**

Sight loss can be life changing, and you don't have to struggle alone. This leaflet provides information about how to access this specialist counselling service.

Counselling gives you the opportunity to talk confidentially with a professional practitioner.

I have personal and professional experience of visual impairment, and offer counselling via telephone or from an accessible therapy room in Sight Service Gateshead.

### **HOW I CAN HELP**

I am a fully qualified counsellor, and specialise in working with sight loss. I use a person-centred approach. This is

important because sight loss affects everyone differently, and so I work with the specific needs of each client.

I can provide either solution focussed or long-term counselling, and am part of a network of professionals who I can refer clients to for practical support if desired.

## **CONTACT**

For more information, please contact me using the details below. Initial assessments are free.

Email: [clairecampbell82@yahoo.co.uk](mailto:clairecampbell82@yahoo.co.uk)

Telephone: 07971442293

Address for face-to-face appointments:  
based at Sight Service,

The Bradbury Centre, Stonehills Business  
centre, Gateshead NE10 0HW

## **PRICES FOR VISUALLY IMPAIRED CLIENTS**

Telephone counselling: £20.00 per session

Face-to-face counselling: £25.00 per session