

## **Cataract Appendix 1**

Any patient suspected of a Cataract in either a GOS (NHS funded) sight test or private sight test, must be advised of this finding in a sensitive manner as to not alarm them.

When discussing the Cataracts a few options below may be taken:

- 1) Cataracts are early and the patient is advised about any adaptations to prescription, optimum vision and to be monitored routinely or earlier.  
(Note all findings and early sight test reason must be recorded).
- 2) Patient has significant Cataract that impacts and has significantly reduced VA and or Lifestyle concerns.

### **a) Patient wanting referral:**

Patient should be notified of option of referral: Follow the College of Optometrist referral guidelines and best practice.

Patient should be advised of choice of providers.  
(Please seek referral criterion for providers listed in our area and can be referred direct to these providers)

Namely:

North Lincolnshire and Goole (NLAG): Scunthorpe. Grimsby, Goole Sites.

NewMedica: Grimsby and Scunthorpe sites.

St Hughes Hospital: Grimsby.

If patient wants an out of area of referral: Please refer via Gp, noting choice of provider and reason for out of area referral.

**b) Patient declines surgery:**

If patient declines surgery, make a note of the advice given and stipulate why they are not wanting a referral.

References:

<https://www.college-optometrists.org/clinical-guidance>

<https://www.nice.org.uk/guidance/ng77>

<https://www.college-optometrists.org/clinical-guidance/clinical-management-guidelines>