## Can you help us?

Spare an hour to share an hour. We are always seeking to recruit volunteers to join our dedicated team.

# There are various areas where we need your help:

- Volunteers can visit people at home as befrienders, offering company and helping with practical tasks.
- Volunteers can help in supporting us at eye clinics in hospitals. Full training will be given.
- Help with low vision equipment demonstrations and exhibitions.
- Help us facilitate our regular social groups.
- Volunteering with us can be hugely rewarding and helpful in developing social and professional skills.

#### Donate to us

We rely on donations to continue providing our free services to blind and visually-impaired people across Hertfordshire. As well as personal donations you can donate online via these websites:

Justgiving.org.uk/Hertsvisionloss Localgiving.org.uk/Hertsvisionloss

Shopping online? Please go to Easyfundraising.org.uk and choose Herts Vision Loss as your charity.

We are happy to support fundraising events in aid of our work. People can also support us by becoming a member and having a say in the charity's future.



Our base in Welwyn Garden City

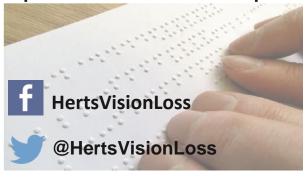


Supporting and empowering visually impaired and blind people in Hertfordshire.

A3, The Weltech Centre
Ridgeway
Welwyn Garden City, Herts,
AL7 2AA

**Call Sightline on: 01707 324680** 

Open Mon-Fri 9:00am - 4:00pm



Email: office@hertsvisionloss.org.uk

### **About Us**

In April 2017 the Hertfordshire Society for the Blind changed its name to Herts Vision Loss. The name has changed but our services remain the same. We have been supporting visually impaired and blind people for over 100 years.

Our mission is to empower the people of Hertfordshire with a visual impairment; to increase independence and reduce social isolation. We are Hertfordshire's leading independent charity supporting visually impaired people.

We operate across Hertfordshire with our network of Vision Loss Advisors on hand to support people in their homes and to promote their independence.

Hertsvisionloss.org.uk

### **Our Services**

Herts Vision Loss aims to serve the estimated 36,000 people in Hertfordshire living with vision loss in 2016, this is predicted to rise to 50,000 by 2030 (RNIB data).

- We offer the following services:
- Home visits and befriending.
- Eye clinic information and support.
- A resource centre and Sight Information Points.
- Our Ears for Eyes counselling service for people experiencing vision loss.
- We operate 'Sight Line' our telephone information service which answers questions and offers advice about sight loss.
- An advocacy service for people with vision loss to help them get their voice heard.
- We visit schools and groups to raise awareness of sight loss and talk about our work.

## **Community Involvement**

We offer specialised support in using IT equipment in the home. We produce newsletters and a magazine, Sight News, three times per year. This is available in large print, audio, braille and email formats.

We facilitate and support several local social clubs for people with vision loss across Hertfordshire. We are also developing an employment support project tailored to individuals with vision loss.

We remain a society and strive to provide invaluable services to residents across Hertfordshire with any form of vision loss.

Call us on

01707 324680





