

Support information for the Homeless in MK

The following organisations are involved in supporting the Homeless in MK.

The Bus Shelter MK offer a fairly bespoke service – Rough sleepers can ‘apply’ and sign up to the programme. They receive accommodation and support around health/ job interviews and gaining employment/ addiction/ reconnecting with natural networks (such as estranged family where possible), with a view to moving on to stable housing, generally in the private sector, sometimes Housing Association, but not very often Council Housing.

<https://thebussheltermk.org/>

The YMCA is available to people 18-35 and exists to help young people belong, contribute and thrive. YMCA is so much more than just a room, we provide practical, emotional and employment support to help residents thrive.

<https://mkymca.com/what-we-do/>

Unity MK - Previously known as Winter Night Shelter Milton Keynes, we support individuals and families who are at risk of homelessness - whatever your background or circumstances we are here to help. Mental health needs, the breakdown of a relationship, domestic abuse, drug and alcohol addiction, bereavement, losing your job, and financial problems can all contribute to making households at risk of homelessness. We support:

- Rough sleepers
- Sofa surfers
- People in emergency accommodation or temporary housing
- Those who need support with their tenancies
- Others who are vulnerable

<https://unitymk.org/>

Depaul – emergency accommodation <https://www.depaul.org.uk/get-help-in-milton-keynes/>

All of these orgs would be thrilled to have support from Optometry – there is generally a GP/ health drop in but this tends to be more around health checks and vaccination rather than ‘GP appointments’ as such.

There is also the Homelessness Partnership who work at a strategic level to improve services and end homelessness – and they provide a directory of sorts.

<https://mkhp.co.uk/>