

Private Ophthalmology

Your guide to eye care



For enquiries please call
01296 315131

Safe &
compassionate
care,

every
time



What makes Buckinghamshire Healthcare Private Ophthalmology different?

Each of our 12 consultants is highly experienced and has their own special sub-speciality interests. This means your diagnosis and treatment will be conducted by experts in their field, chosen by you.

Only consultants employed by Buckinghamshire Healthcare NHS Trust will see you in our modern and spacious Mandeville Wing and your care is assured through robust national and international standards monitored through the NHS, Royal College of Ophthalmologists and Care Quality Commission.

Every nursing staff member is fully trained in ophthalmic nursing care and works every day in the specialty of ophthalmology. This includes our ward and theatre nurses.

We have in-house optometry and orthoptic departments to provide you with a complete ophthalmic opinion, as well as access to broader NHS services for diagnostics as necessary.

At Buckinghamshire Healthcare NHS Trust, we are passionate about providing state of the art eye care for our patients, from cataract surgery to the treatment of other, very complex conditions.

We are proud to offer a comprehensive range of services that meets your every need.

We will guide you through your treatment right the way from diagnosis to surgery or investigations as required and review.

We strive to provide a service that is as individual and unique as you, our patient.



Excellence in treatment

Buckinghamshire Healthcare NHS Trust is rated as Good by the Care Quality Commission and Outstanding for Patient Care. Our treatment experience covers the entire range of ophthalmic conditions and we are proud to be one of the leading hospitals in the country in medical research. Our long experience and specialist training mean your treatment outcomes are of the highest standard.

Our equipment is state of the art and our eye unit is specifically built and designed to ensure your visit is as efficient, effective and comfortable as possible.

Our innovative approach means we have established our position as the ultimate care provider for you – excelling in delivering the highest quality medical and surgical treatments during your visit.

You are at the heart of everything we do



What to expect from our unit

The Mandeville Wing is a purpose-built facility for ophthalmic care. Upon your arrival you will be greeted into our open and spacious reception area. We have a series of dedicated private consulting rooms which combine comfort and privacy with state of the art medical equipment and approachable, experienced consultants.

Our inpatient rooms are fully equipped to keep you entertained and comfortable during your stay if required. Each room has its own ensuite, television and telephone and our friendly staff are on hand to offer catering.

The Benefits of Private Eye Care at Buckinghamshire Private Ophthalmology

As a provider of private treatment, patients choose us for many reasons including:

- First class treatment outcomes
- Unparalleled safety standards
- Highly skilled and well regarded consultant ophthalmologists and ophthalmic trained nurses
- Fast access to treatment at a time of your choice
- Direct contact with your chosen consultant throughout your pathway
- Access to the full range of specialist ophthalmic diagnostic facilities
- Full support facilities in a state of the art hospital
- Three months outpatient aftercare included for all procedures for self-pay packages



Your vision with age

With age, the structure and function of the eye can change resulting in light being distorted away and no longer correctly reflected on the retina. Additionally, the lens can start to become cloudy, preventing light from reaching the retina.

This can mean images may start to appear cloudy or blurry at some or all distances. This condition is called "cataract".

As changes can be gradual you may not realise you are no longer seeing things as clearly as you should.

Our eye care professionals can help you detect and manage common age related eye conditions including cataract, glaucoma and macular degeneration through regular eye examinations.

What is a cataract?

A cataract occurs when the natural lens in your eye becomes cloudy, making it harder for light to pass through your eye. Cataracts typically occur naturally as you age and they often cause blurry vision and glare – sometimes at night and while driving.

Simulated vision with cataracts

What is cataract surgery?

Thanks to continuous medical advances, cataract surgery is a highly successful operation. The goal of the operation is to break down the cloudy cataract-affected lens into easily removable pieces, take away those pieces and insert an artificial intraocular lens (IOL) in place of the natural lens.

The good news is that cataract surgery is one of the safest and most effective operations with rapid recovery.

Vision without cataracts

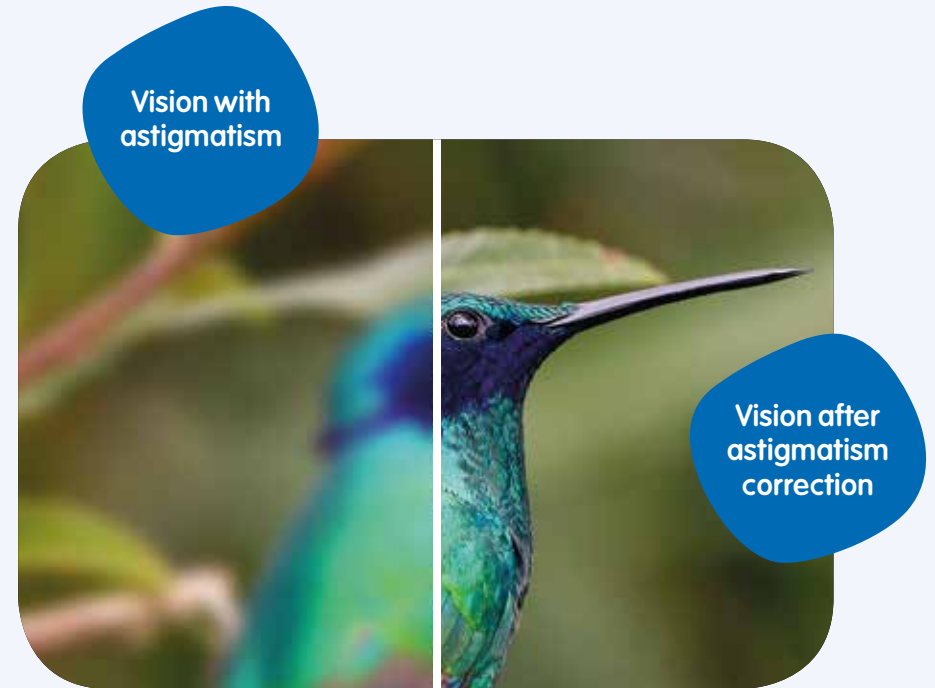
The right lens for you

Many people will experience cloudiness in their vision due to cataracts, and at the same time, they'll have difficulties seeing without their glasses or contacts due to other eye conditions, like presbyopia and astigmatism.

Presbyopia

Presbyopia is an age related condition, causing a gradual loss of flexibility in the eye's natural lens and surrounding muscles. The effect is blurred vision, making it difficult to read or see near objects without spectacles. The condition usually begins around age 40.

Trifocal lenses effectively treat presbyopia by providing a good quality of vision near, far and everywhere in between.



Astigmatism

Astigmatism is very common and means that the clear, round dome at the front of the eye is not curved equally in all directions. Sometimes it has a shape more similar to that of half a rugby ball and this irregularity can distort vision causing images to seem blurry.

Toric lenses are designed to manage astigmatism by correcting the undesirable visual distortion caused by the irregular shape of the eye. Monofocal, Bifocal and Trifocal lenses are all available with astigmatism correction.

At Buckinghamshire Healthcare Private Ophthalmology, we are offering a range of IOL options to meet your vision needs

Monofocal lens



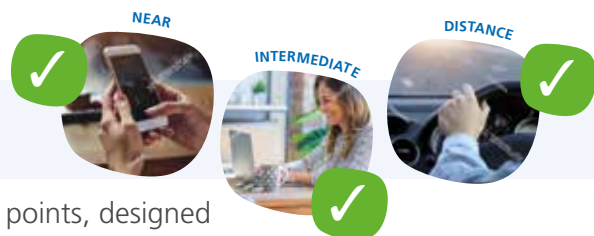
A lens with a single focal point. Most often, patients select to focus clearly at distance and therefore need spectacles to focus at intermediate and near targets such as computer work and reading

Toric lens



A lens with a single focal point that offers the same clear distance vision as a monofocal lens and also corrects astigmatism

Trifocal lens



A lens with three focal points, designed to provide good quality of vision for near and distant activities. Trifocal lenses also provide comfortable intermediate vision for daily tasks such as computer use

Ophthalmology Private Outpatient Clinic

We are pleased to offer a new, fully equipped Ophthalmology evening outpatient clinic. The clinic is run by our expert Consultants, covering all eye conditions.

Ophthalmology services currently available:

- | | |
|--|--------------------------|
| Adult squint service | Glaucoma |
| Age related macular degeneration service | Laser therapy |
| Anterior segment | Medical retina |
| Botulinum toxin service | Oculo-plastics |
| Cataract Surgery | Paediatric Ophthalmology |
| Collagen cross-linking | Visual field assessment |
| Diabetic Eye Screening | Vitreoretinal surgery |
| Dry eye | |
| General Ophthalmology | |

Ask your GP or optician about being referred to our NEW clinic



Some of the most common procedures are listed below:

Day case procedures:

Cataract surgery

- We offer very competitive prices for self-pay patients
- We are also accredited by BUPA and AXA PPP for the full cataract pathway, giving patients access to appointments before and after surgery, as well as the surgery itself. Patients will need to contact the BUPA and AXA PPP eye care teams for pre-authorisation

Glaucoma surgery such as Trabeculectomy, Aqueous shunt surgery and MIGS

Vitreoretinal surgery

Oculo-plastics

Squint Surgery

Yag laser capsulotomy

Glaucoma laser treatments

Retina laser treatments

Our self-pay prices are inclusive of all investigations and scans plus three months of routine aftercare. In the unlikely event of an additional surgical intervention being required, this would be discussed with you.

CODE	PROCEDURE	GUIDE PRICE (£S)
C7122	Cataract extraction and standard implant (local anaesthetic)	2,395
C7982	Vitrectomy	4,995
C3960	Excision of Pterygium and conjunctival autograft	1,698
C3113/4	Squint correction	1,385
C6010	Trabeculectomy	4,975
C6120	Trabecular stent bypass microsurgery	3,720
C1230	Incision and curettage of chalazion	220
C7340	YAG laser capsulotomy (one eye)	500
C7341	YAG laser capsulotomy (both eyes)	700

- Prices for other operations and procedures are available from the Private Patient office
- The charge for the initial consultation with your specialist is not included in the package price and will be charged separately
- 2nd procedures performed simultaneously are charged at 50% of the listed price

We offer YAG capsulotomy at the clinic. A YAG capsulotomy is a special laser treatment used to improve your vision in case of clouding after cataract surgery.



To find out more or arrange a consultation, email us at bht.private.patients@nhs.net or call us on 01296 315131

Our Consultant Team

Mr Mike Adams

Mr Mandeep Bindra

Mr Markus Groppe

Mr Moustafa Issa

Miss Fiona Jazayeri

Mr Matt Kinsella

Miss Sarah Maling

Miss Anna Mead

Mr Richard Scawn

Miss Asifa Shaikh

Mr Hiten Sheth

Mr Kuan Sim



If you require this leaflet in another language or format, please contact the Patient Advice and Liaison Service on **01296 316042** or **PALS@buckshealthcare.nhs.uk**