

# How to find us



**By car** - Less than one mile west of Ascot and approximately three miles east of Bracknell Town Centre. On the A332, at the mini-roundabout turn on to Brook Ave and follow the road all the way down the hill. The patient car park is on your right.

**By bus** - You can catch a number of bus services including the X30 from Frimley, 01 from Windsor and X94 from Bracknell.

**By train** - Ascot train station is only a 15 minute walk away.



Frimley Health  
NHS Foundation Trust

## Cataract Surgery *at the New Heatherwood Hospital*

Heatherwood Hospital has undergone a state-of-the-art transformation to enable the Trust to provide an efficient, high-quality service to cataract patients in Surrey, Hampshire and Berkshire.

There is a team of highly skilled, knowledgeable and caring NHS trained ophthalmic surgeons, nurses and health care staff to look after patients throughout the process. The Trust's first and only priority is providing patients with the treatment they need to live life to its fullest.

Optometrists can refer directly to us to get the ball rolling.

Tel - 0300 613 4201  
[www.fhft.nhs.uk/services/ophthalmology](http://www.fhft.nhs.uk/services/ophthalmology)

Committed to excellence

Working together

Facing the future

# Why Choose Heatherwood?

- ◆ **World class care** - A team of highly skilled, knowledgeable and caring ophthalmic surgeons, nurses and health care staff
- ◆ **A quick, painless procedure** - Carried out under local anaesthetic, patients will be in hospital for only two hours between admission and discharge
- ◆ **The care we provide** - Patients have the option to have one eye or both eyes operated on in one visit. We also offer special lenses for those with astigmatism
- ◆ **Our state-of-the-art operating theatres, consultation rooms and day surgery unit, with private pods, keep patients as comfortable as possible**
- ◆ **No long waiting times** - Patients will be seen in clinic within four weeks of processing the referral
- ◆ **Help when needed** - We have emergency support available 24/7 from our on-call ophthalmologists



## Patient Journey (Full patient information leaflet available on request)

### Referral

Following an appointment with an optician, a referral will be sent with the aim to have an appointment booked within a week.

### Assessment

This is a one stop appointment with one of our ophthalmic nurses before immediately seeing an ophthalmologist to discuss the results, and list for surgery if required.

### Booking

Once listed for surgery the bookings team will give a date for surgery, which will usually be within four weeks.

### Surgery

On the day of surgery, patients will be admitted to individual rooms in the day surgery unit at Heatherwood Hospital. The nursing team will guide them through the next steps. Patients will be in hospital for 90 minutes to two hours.

### Post-Op

In most cases it takes four weeks to fully heal. A phone call 10-14 days after surgery will be arranged, followed by a recommendation to see an optician 4-6 weeks after surgery.